



# BREAKTHROUGHS HAPPEN!

People do learn to increase their public speaking skills when they step out of their comfort zones. Doing so in a supportive environment and finding out what is natural for them is what makes it happen.

Fast-track A breakthrough!

Ask **US** to conduct a

# SPEAK UP

Presented by  
**Penny and Geoff**  
of

**Workshop** for your organisation.

*Testimonials galore...*



● growth attitude connectedness

## IN **SPEAK UP** YOU LEARN

- How to grab attention and hold it.
- How to design a speech or presentation.
- How to read a typed speech better.
- How to engage in 'Off the Cuff' speaking confidently.
- How to make Captivating PowerPoint segments.
- How to relax more and speak less but more effectively.
- How to use body language so that you look more confident.
- How to build rapport with an audience, quickly.

**CALL**  
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**Act today!**