

YOUTH LEADERSHIP DEVELOPMENT PROGRAMS

PROGRAM OUTLINE

We are pleased to offer programs that explore leadership qualities, discussed and spoken about in a speaking skills format, based on tried and true procedures. It is conducted in a safe and supportive environment. The coaching approach is incorporated into the activities, as well as sound teaching and training methodologies to encourage self-development, and can involve customised issues exploration. These two separate programs are designed for Yrs 5-7 and Yrs 8-12.

We offer **two types of programs for Step Forward (5-7)**:

- a. Weighted 50/50 towards speaking and leadership skills, for personal development.
- b. Fully weighted toward speaking and meeting skills only.

The **Leading Alongside** program (8-12) combines a range of more advanced leadership skills, communication and specific skills that will improve student leadership within the whole school.

Two **optional presentation formats** are offered:

1. Whole term version.

The most effective and beneficial option long term is when the participants **meet eight times** in school hours (perhaps as a block of literacy according to VELS advice), or after school, with each session **lasting two hours** and then at a presentation evening to parents as the ninth session. This is jointly planned so that the students can consider what could be a great way for them to celebrate their progress and achievements in public.

2. The short one-day version.

A full day from 9 am to 3.30 pm incorporates much of the same material as in the ideal program, but modified due to time reduction. In this option, the children come with a prepared speech about themselves or some aspect of their life and some preparation about leadership principles from their own point of view. There is no presentation evening.

Over the duration of both programs it is envisaged that each participant will have:

- ✓ Delivered two or three 'formal' speeches, of two to four minutes duration, to the whole group, dependent on the size of the group;
- ✓ Participated in discussions on leadership and developed specific leadership skills;
- ✓ Completed exercises from the manual that increase leadership and self-awareness;
- ✓ Practice at preparing and delivering short speeches related to session topics;
- ✓ The opportunity to speak impromptu through speaking "Off the Cuff" many times;
- ✓ Practice at delivering immediate feedback to participants after they have spoken;
- ✓ Much practice at discovering the principles of good listening, including experience in developing relevant questions based on speakers' speech content;
- ✓ Experience concerning the basic conduct and important procedures of a meeting;
- ✓ Used a mind map approach to speech formatting; and
- ✓ Developed a better understanding of speaking to time.

A student manual is provided for each participant and sometimes specific other material is distributed, including session sheets, timing, role allotment and guide sheets, plus formatted report forms for supporting speaking roles.

For more information, contact: Geoff or Penny on (03) 5998 4932 or Penny on 0419 371 549
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